



Schedule: Intensive Outpatient Program (IOP)

Our team works closely with patients and their families to identify problem areas. We group patients by age and therapeutic needs.

Typical School Year Daily Schedule: Monday – Friday, September – Early June

- **Program Hours:** 8:45 a.m. check in; 3:30 p.m. departure.
- **Transportation:** Please see separate insert titled “*Aris Clinic’s IOP Tuition Funding and Transportation.*”
- **3 Hours of Educational Programming:** Patients earn credit for their school work while at Aris Clinic through Minnesota’s Northeast Metro District 916. Aris Clinic school follows the District 916 school schedule.
- **3 Hours of Intensive Therapeutic Programming:** Group therapy includes social-emotional skills, process group and educational/activity group.
- **Psychiatry Sessions:** 3–5 times per week, based on patient need.
- **Family Therapy:** Weekly session to discuss strategies and convey progress.

Typical Summer Daily Schedule: Monday – Friday, Mid-June – August

- **Program Hours:** 8:45 a.m. check in; 12 p.m. departure.
- **Transportation:** Please see separate insert titled “*Aris Clinic IOP Tuition Funding and Transportation.*”
- **3 Hours of Intensive Therapeutic Programming:** Group therapy includes social-emotional skills, process group and educational/activity group.
- **Psychiatry Sessions:** 3–5 times per week, based on patient need.
- **Family Therapy:** Weekly session to discuss strategies and convey progress.